

ADVENTURES OF THE TWINS

(By Olive Roberts Barton)

Sleeker Swallow's Complaint

I told you how Sleeker Swallow arrived in Scrub-Up-Land in his evening clothes in the morning. There he was from his trip across the sea in his cut-away swallow-tail coat and almost-white shirt front, looking as though he were ready for a party.

"I was speaking of my clothes," he said to Nancy and Nick and Rubadub, the fairymen, in a complaining tone. "Here I am, all dressed up like an aristocrat and I'm not one at all. You'd think I expected to be like a dicky-bird in a gold cage all my life with these clothes on, taking baths in a gravy dish and eating dainty little tid-bits from a lady's fingers, wouldn't you?" He looked disgusted.

"What do you wish us to do?" asked Nick.

"Do?" Sleeker shrugged his nicely tailored shoulders. "I want my clothes changed. Does your Daddy wear his party clothes if he has work to do in the barn? That's where I live mostly, and up under the edge of the roof at that! Or does a chimneysweep put on elegant black broadcloth and a stiff shirt, before he slides down the chimney with his broom? Well, that's what I have to do for I live in chimneys sometimes, too."

"And does a sailor," went on Sleeker, "encase his arms and legs in tight sleeves and breeches before he ships off to sea, as I have to do on my long travels?—with coat-tails sticking out behind that you could play marbles on? I ask you, does he? No, he doesn't!" My, but Sleeker was disgusted!

"We'll change your clothes," spoke up Nancy feeling sorry for him, and getting out her scissors to clip off his coat tails.

"Hold on!" cried Rubadub. "I've got something to say about that."

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SISTER MARY'S KITCHEN

(Copyright, 1920, N. E. A.)

Sometimes the only sandwich that comes to one's mind to make for a picnic is the ever-with-us "sam hand with." Good but rather uninteresting. Here are a few combinations for sandwich fillings that may be a bit different.

Cream cheese and herring with a dash of lemon juice; hard-boiled egg, chopped and mayonnaise dressing;

pickled tongue, sliced thin; chopped olives and chicken and boiled bacon, work butter, grated cheese and anchovy paste to a cream; sardines, chopped olives, hard-boiled egg yolks mixed smooth and highly seasoned with lemon juice, salt and paprika; cooked corned beef finely chopped and moistened with mayonnaise; chopped raisins, nuts and cream cheese worked smooth with cream.

Sandwich fillings need to be well seasoned and quite moist.

Menu for Tomorrow.

Breakfast—Orange juice, waffles, coffee.

Luncheon—Spinach au gratin, brown bread and butter, cookies, tea.

Dinner—Broiled lamb chops, French

fried potatoes, scalloped tomatoes, strawberry bavarian cream, coffee.

My Own Recipes

While meat is somewhat heating on account of its stimulating juices most people need it once a day even in summer. Lamb chops are a light meat easily digested. The rib chops are cut from the eight ribs left on the hind quarter. When these chops have the bone cut short and scraped clean nearly to the meat they are known as French chops.

SPINACH AU GRATIN.

2 pounds spinach.
1 cup white sauce.
1-2 cup grated cheese.
1-3 cup bread crumbs.
2 tablespoons butter.
Salt and pepper.
Wash and cook spinach. Chop fine.

In a buttered baking dish put a layer of spinach, sprinkle with salt and pepper and add a layer of white sauce. Sprinkle meat with cheese. Continue until all is used, having the last layer of white sauce and cheese. Cover with bread crumbs, mixed with melted butter and put in a hot oven to melt the cheese and brown the crumbs.

STRAWBERRY BAVARIAN CREAM

1 quart berries.
1 milk/esson gelatin.
1-4 cup cold water.
3-4 cup sugar (granulated).
1 can whipping cream.
3 tablespoons powdered sugar.
1-8 teaspoon salt.
Dissolve gelatin in cold water.
Wash and hull berries. Put berries through a coarse sieve. Heat juice

to boiling point and stir into gelatin. Add pulp and granulated sugar and set aside to chill. Stir frequently to be sure the sugar is dissolved. Whip cream, beat in powdered sugar and salt. When the jelly begins to thicken add whipped cream. The cream must be added before the jelly sets or the dessert will not be as smooth as it should. Let stand on ice two or three hours to become thoroughly chilled.

Some people say cider making will be prohibited. Let us look forward to a shortage of vinegar.

MARY.

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